



Saint Nicholas Convent Women's Lenten Retreat March 29-31, 2024

**A SACRED PURPOSE:
PRESERVING OUR TRADITIONS THROUGH
STRUCTURE AND GRACE**



FRIDAY, March 29

6:00 – 6:45 PM Pannikhida
7:00 – 8:00 PM Small Compline (meal following)

SATURDAY, March 30

8:45–9:15 AM Morning Prayers
9:30 – 10:15 AM Breakfast

10:30 - 11:30 AM -- Talk 1:

***A Conversation on the Sacred Role
Of Women in the Church*** Matushka Irene Meschter

12:00 – 1:00 PM -- Talk 2:

***Learning to Make Prosfhora:
A Sacred Obedience*** Maria Monforte

1:15 – 2:15 Lunch

2:30 – 3:30 PM -- Talk 3:

***Defining the Sacred Space: The Iconostasis
in Orthodox Worship*** Elizabeth Priebe

4:45 – 5:15 Tour St Maximus Church Fr Thomas Marretta

5:15 – 6:00 PM Dinner
6:00 – 8:45 PM All-night Vigil

SUNDAY, March 31 Saint Gregory Palamas

9:00 – 11:45 AM Hours and Divine Liturgy
12:00 – 1:00 PM Trapeza followed by departure home

COST:

\$50 for weekend stay*
\$25 for Saturday only

*Some accommodations available at Convent or with local parishioners; Otherwise please contact mother Agapia for local hotel information

LOCATION: Saint Maximus Orthodox Church

4447 Gaskill Rd
Owego, New York 13827

For more information contact

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